

GIRLS	KMLHS TRACK MEET LINE-UP			LOCATION	Milwaukee Lutheran	
	2010 Milw. Lutheran Warmup Meet			OPPONENT(S)		
EVENT	TIME/DISTANCE - PLACE			DATE	4/13/10	
				TRACK	AW	
			WEATHER	50s Sunny, breezy		
DISCUS THROW	B. Weinrich 73'6	T. Kroll 97'2	M. Loduha 56'8			
SHOT PUT	B. Weinrich 35'1	T. Kroll 33'7	M. Loduha °24'6.25			
HIGH JUMP	M. Niemann 5'0	D. Gerrietts 4'2	B. Weinrich °4'2			
LONG JUMP	M. Dunnington 17'1.25	L. Hughes °14'6 H. Tompkins 13'11	T. Kowalski °13'8	H. Gresenz °14'5.5		
TRIPLE JUMP	M. Niemann 31'5.75	R. Groth 25'1	J. Zeamer 24'5.25			
800m RUN	R. Weber 2:42.29	E. Kudek 2:55.07	E. Lyneis 2:54.84			
100 m/ 100m H.H.	K. Schneiss °16.95	T. Thorson 19.25	H. Aderman °19.33			
100m DASH	M. Dunnington °13.06 T. Kowalski 14.46	13.06 H. Tompkins 14.33	H. Beyer 13.93 J. Rowinski °16.18	H. Gresenz °14.30 J. Zeamer °15.44	L. Koshnitzke °15.33 R. Groth °14.86	
1600m RUN	M. Steffens 6:01.00 S. Falck 7:16.60	Ha. Aderman 7:34.20 T. Thorsen 6:30.86				
200m DASH	M. Dunnington 28.16	H. Tompkins 30.7	H. Beyer 31.06 R. Groth 31.14	J. Zeamer 32.45 J. Rowinski 35.19	H. Gresenz 31.11 L. Koshnitzke 35.49	
400m DASH	D. Gerrietts 1:05.94	L. Hughes 1:07.85	M. Niemann	C. Perlberg 1:10.69		
300m HURDLES	K. Schneiss °49.27	E. Lyneis 56.20				
400m RELAY	E. Kudek J. Rowinski	M. Steffens J. Zeamer	H. Aderman R. Groth	S. Falck L. Koshnitzke	1:02.45 59.77	
400m RELAY	L. Hughes	M. Niemann	D. Gerrietts	H. Gresenz	55..45	
400m RELAY	M. Dunnington	T. Kowalski	H. Beyer	H. Tompkins	54.78	

* **School Record**

F Frosh Record

° **Personal Best**